



2009 Summer Camp Programs

Available either *on site** or as an "Outreach Program" at your camp site

Monday, June 15 through Friday, September 4, 2009

Wacky Olympics

Virginia Olympic winners Latasha Colander, Hope Spivey, and LaShawn Merritt never competed in such wacky events. Suitcase relay, balloon bucket, and more! Craft an Olympic torch and create an Olympic snack fit for a champion. Go for the gold!

P. E. Rocks

Summertime without P.E.? Never! Begin the day with a blast from the past as you participate in P.E. games from long ago. Challenge your strength and energy in new highly active group games like "Flip-a-Roo," "Moving Mountains" and "Frozen Bean Bags" that will reveal and enhance your team spirit and champion qualities. A day of P.E. -- dreams do come true!

Talent Agent

Love sports? We're looking for the area's best talent! Target your strengths such as creativity, flexibility or organization through fun interactive games to find out which sports career is right for you. Are you better suited to sports photography, marketing, nutrition, announcing, or writing? We'll give you all the tools to try your hand at a sports career fit for a pro.

Food Gone Wild!

If you've never *milked* a potato or *eaten* curds and whey, don't miss this grand adventure. *Discover* the "sugar eater", *rescue* an apple, *build* a sandwich with liquids, all while learning about good eating habits. *Uncover* mysterious secrets of everyday foods you'll rush to share with your friends and family. *Experience* a day filled with surprises!

Food allergy information requested.

Road Trip!

Scavenger Hunt

Under one roof, where can you see *Olympic Gold Medalists*, a genuine *Olympic torch*, call a play from a broadcasting booth, see the latest in sports medicine, fitness and nutrition *AND* play your way through engaging interactive exhibits? Right in your own backyard at the **Virginia Sports Hall of Fame & Museum** in Olde Towne Portsmouth.

Pricing and Other Information

- **In-House**
\$8.00 per person with a group of 10 or more (*maximum 130*).
For reservations or additional information, call 757-393-8031, X-10.
- **Outreach**
\$85.00 – first program (*50-minute program*).
\$60.00 – for each consecutive program on the same day (*three program limit per day*).
Gas and mileage charged If camp site is 50 miles or greater (round-trip) from the Virginia Sports Hall of Fame.
For reservations or additional information, call 757-393-8031, X-14.
- **Bring a bag lunch** to enjoy in the Sports Gallery (*indoors with air-conditioning!*).
- All programs taught by **Virginia-certified educators**.

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